

# Ka'elepulu Elementary School - Kailua HI

## SEL Outcomes 2016-2017

During the school year of 2016-2017, Ka'elepulu Elementary School in Kailua Hawaii was the first pilot school to implement the Choose Love Enrichment Program. The administration conducted its own research within its classrooms and provided the following results to the Jesse Lewis Choose Love Movement.

<b>DESIRED OUTCOMES</b>	<b>% OF YOUTH WHO DEMONSTRATED DESIRED OUTCOMES</b>
<b>COURAGE</b>	
✓ Improved ability to express oneself and one's feelings	89%
✓ Willingness to try difficult tasks	99%
✓ Less anxiety and stress	95%
✓ Increased self-awareness	100%
✓ Enhanced self esteem	97%
<b>GRATITUDE</b>	
✓ Showing appreciation and kindness toward self and others	99%
✓ Ability to see others perspectives and show empathy	98%
✓ Improved attitude about school and learning	98%
✓ Increased mindfulness	100%
<b>FORGIVENESS</b>	
✓ Less aggression and anger	91%
✓ Better able to handle personal/social issues that arise	98%
✓ Improved decision-making skills	97%
✓ Better emotional self-regulation	97%
✓ Heightened self-management	100%
<b>COMPASSION-IN-ACTION</b>	
✓ More caring and concern shown to others	99%
✓ Improved social skills	100%
✓ Able to respond in a loving manner	99%
✓ Social and Moral Awareness	99%
✓ Enhanced connections and relationships	100%