



EXTENSION PROGRAM FOR HEALTHY COMPASSIONATE TOUCH

Worksheet for the video: High School – Latino Cultural Perspective

Background to the Latino Club

The Latino Club aims to keep the cultures of the Latino countries alive for students whilst living in another country, helping students identify and maintain with their own culture. Also, it is good for students to acquire part of the culture of where they are living ... we can be multicultural and it is great for everyone.

The students create events such as the kermes, the day of the death festival, to be able to show and share the culture to others within the larger community. This helps to keep traditions shared by parents alive. The parents can also be part of the Latino club community even if they don't speak English, reducing the language barrier.

Latino Culture and Touch

A very important part of our culture is always being willing to give a hug, to shake hands, express our love through touching. This is a very important aspect to the Latino culture and it is beneficial to maintain this part of the culture. Especially to be able to express ourselves in this way...then teach children, students, classmates how we can externalise feelings through a hug.

The students expressed how important it is to embrace their culture at school and to gather with students of differing cultures, showing their culture to them. Helping people to see how hugs, and the way in which people of the Hispanic culture express themselves is something positive. This helps others to include these positive aspects into their culture or with their friends or family. It can be something beneficial in building relations within friends or family. Healthy Compassionate Touch is something that unites all of the members of the Latino Club and allows students, within the club, to better know each other and build strong relationships.

