

choose love™ movement

SEPTEMBER 2020

Let this calendar inspire you to start Choosing Love every day. There are little things you can do each day to show Courage, Gratitude, Forgiveness, and Compassion. This is how you Choose Love and these acts benefit you and so many others. Let's create a Choose Love ripple effect that reaches far and wide this month and through the year!

SUN	MON	TUE	WED	THU	FRI	SAT
		1 BE THANKFUL FOR YOUR TEACHERS.	2 NAME 3 THINGS YOU LIKE ABOUT SCHOOL.	3 HAVE A LOT OF FUN!	4 LOVE! LOVE WILL KEEP US TOGETHER!	5 LOOK FOR HEART SHAPES OUTSIDE AND IN YOUR HOME.
6 READ FOR FUN. ENJOY A COMIC OR GRAPHIC NOVEL.	7 CHOOSE LOVE TODAY AND EVERY DAY.	8 YOU ARE STRONG. YOU ARE BRAVE. YOU ARE GOOD.	9 SAY "HI" AND SMILE.	10 LOVE YOURSELF BY WASHING YOUR HANDS.	11 TAKE A DEEP BREATH, IT'S ALMOST THE WEEKEND.	12 TAKE A FIVE MINUTE RELAXATION BREAK.
13 TRY YOUR BEST. EVERY TIME.	14 BE WHO YOU WANT TO BE.	15 DON'T CHANGE YOURSELF TO IMPRESS PEOPLE, CLIQUES DON'T DEFINE YOU.	16 BE KIND TO OTHERS, ANIMALS, AND YOURSELF. THEY'RE ALL VALUABLE.	17 SLOW DOWN AND LOOK AT THE WORLD SPIN.	18 DON'T WORRY. BE HAPPY!	19 LIFE IS A GIFT SO HAVE FUN WITH IT.
20 STAY CONNECTED. CALL OR TEXT A FRIEND OR FAMILY MEMBER.	21 BE THOUGHTFUL OF OTHERS.	22 BE BRAVE. ASK FOR HELP.	23 GOOD VIBES CAN CHANGE LIVES!	24 REMEMBER YOU ARE NOT ALONE.	25 BE ABLE TO LAUGH AT LIFE, NOT EVERYTHING IS SO SERIOUS.	26 STAY POSITIVE.
27 FORGIVE YOURSELF. NO ONE IS PERFECT.	28 BE GRATEFUL FOR SOMETHING SMALL THAT MAKES YOU HAPPY.	29 BE OPEN TO LEARNING SOMETHING NEW.	30 SHOW EMPATHY BY PLACING YOURSELF IN SOMEONE ELSE'S SHOES.			

ELEMENTARY