

Be a

Choose Love

Cadet

Dear Families -

As we have learned and grown this year in Kindergarten, we have worked hard to understand the concept of thinking beyond ourselves. Through our Character Education program and our Character Based behavior system in our classroom, we have learned the importance of finding ways to spread kindness and love to others in small and simple ways. However, our class is now ready to accept a new mission! We are ready to become Choose Love cadets!

A Choose Love cadet is an idea that I have developed through the inspiration of a program developed by a teacher in Canada called the Kindness Ninjas. As a way to align this initiative with our Choose Love curriculum, and the works of Scarlett Lewis, each child in our class along with their classmates will get to become a Choose Love cadet. A Choose Love cadet is someone who carries out an act of kindness without the desire of seeking recognition. Our acts of kindness will be "missions" we accept as Choose Love cadets. Some ideas of some school wide missions we hope to complete this year are:

- Making kindness pencils with kindness flags for another class that will be left secretly by our Choose Love cadets
- Creating posters with kind and uplifting messages to be displayed magically around our building
- Write or trace notes of appreciation for school staff members such as custodians, secretaries, our school resource officers, just to name a few.

These are just a few examples of some of the many "secret choose love" missions we hope to complete. Each act of kindness and mission we work towards will be done secretly, and left with a small note from The Choose Love cadets. The entire purpose of this program is not to gain recognition for our small acts of kindness and love.

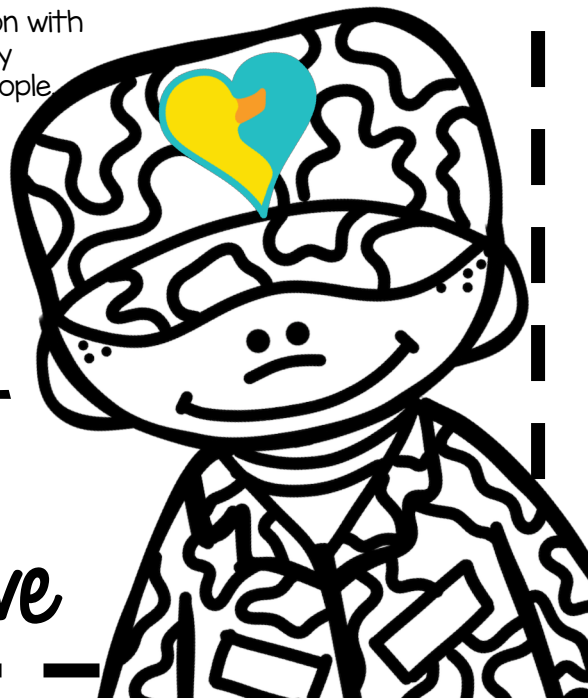
We will begin our day by saying our Choose Love cadet pledge every morning at our Morning Meeting. You can find the pledge attached to this letter for your reference. As part of being a Choose Love cadet, each child will be given an honorary Choose Love cadet army helmet with the Choose Love logo on it. This is reflective of Jesse Lewis' love of his green army men! We will wear our Choose Love cadet helmets when we stealthily complete our kindness and choose love missions around the building.

I am looking forward to taking on this mission with your learners this school year! I can't wait to see the many ways we work together to spread kindness and love to people both big and small at Sewell School.

Choosing Love,

*Mrs. Paul and
the Choose Love Cadets*

NEVER doubt that
little people can
spread **LOTS** of love



Our

Choose Love Cadet

pledge

I pledge to myself
On this very day
To try to be kind
In every way

To every person,
Big or small
I will help them
If they fall.

When I love myself,
And others too,
That is the best
That I can do.

For I am a Choose Love cadet,
That is true!
My mission is to spread love
To ALL of YOU!

Never doubt that
little people can
spread **LOTS** of love

