Our school program is a social and emotional learning (SEL) program that fuses SEL with character education, positive psychology, emotional intelligence, neuroscience, and mindfulness. It teaches skills and concepts that are grounded in and support Social and Emotional Learning (SEL), addressing the 5 Core Competencies as defined by CASEL (Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision-Making Skills). SEL has decades of research validating its tremendous and positive impact on students' social and emotional well-being as well as on academic and personal success. For more information on SEL and specific research on SEL, we encourage you to visit https://casel.org/ where you can be linked to SEL research and its impressive benefits.

- The University of Arkansas recently did a research study using our program in an alternative school setting and the preliminary findings showed positive impacts and results.

- During the school year of 2016-2017, Kaʻelepulu Elementary Elementary School in Kailua Hawaii was the first pilot school to implement the Choose Love Enrichment Program. The administration conducted its own research within its classrooms that resulted in substantial positive outcomes in all areas.

- We send out a survey each year asking users about their experience with the program. We are currently reviewing our data from this year, but in the past, users have expressed the highest satisfaction with our program and materials.

  2019 Choose Love Educator Survey (feedback from 48 states)
  - 99% said that they have seen an improvement in classroom climate and in the students’ overall behavior
  - 73% said that their students get along better
  - 81% said their students have a more positive attitude
  - 62% have seen an increase in academic performance in their students
  - 95% rated the program ‘good’, ‘very good’, or ‘excellent’
  - 99% said they enjoyed teaching the program
  - 96% said their students enjoyed the program

We have extensive qualitative data in the form of testaments, educator feedback, student work samples and personal testimonies, and more, praising our program and its impact on students, classes, and schools. Our program has proven effective in changing classroom and school cultures. Feedback indicates the Choose Love Enrichment Program goes way beyond a program and initiates a daily practice whereby educators and students, classes and schools, create and sustain a culture of love. It has been amazing to hear about how students are better able to handle emotions, are able to be resilient in the face of adversity, can connect in meaningful ways with their peers, are engaged in a positive classroom culture, and are able to make healthy, responsible choices that better their lives and the lives of others.

For the 2021-2022 school year, our program is being updated to align with Character.org’s new Model Standards for Character and Social-Emotional Development. These standards include the 5 core components of SEL (Self-awareness, Self-management, Social awareness, Interpersonal/relationship skills, Responsible & Ethical decision-making) as well as Moral, Performance, Intellectual and Civic character strengths.