


# choose love <sup>TM</sup>

## movement

# SEPTEMBER 2021

Let this calendar inspire you to start Choosing Love every day. There are little things you can do each day to show Courage, Gratitude, Forgiveness, and Compassion. This is how you Choose Love and these acts benefit you and so many others. Let's create a Choose Love ripple effect that reaches far and wide this month and through the year!

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>1</b> CHOOSE LOVE TODAY AND EVERYDAY.	<b>2</b> LOVE! LOVE WILL KEEP US TOGETHER!	<b>3</b> FUN FRIDAYS. HAVE A LOT OF FUN TODAY.	<b>4</b> LOOK FOR HEART SHAPES OUTSIDE AND IN YOUR HOME.
<b>5</b> READ FOR FUN. ENJOY A COMIC OR GRAPHIC NOVEL.	<b>6</b> NAME 3 THINGS YOU LIKE ABOUT SCHOOL	<b>7</b> MAKE YOUR OWN CHOOSE LOVE FORMULA POSTER. BE CREATIVE!	<b>8</b> CHOOSE LOVE WITH A SMILE.	<b>9</b> BE THANKFUL FOR YOUR TEACHERS.	<b>10</b> FUN FRIDAYS. MAKE A PUPPET.	<b>11</b> TAKE A FIVE MINUTE RELAXATION BREAK.
<b>12</b> LOOK UP! WATCH THE CLOUDS CHANGE SHAPE. COUNT THE STARS AT NIGHT.	<b>13</b> BE WHO YOU WANT TO BE.	<b>14</b> DON'T CHANGE YOURSELF TO IMPRESS PEOPLE. CLIQUES DON'T DEFINE YOU.	<b>15</b> BE KIND TO OTHERS, ANIMALS, AND YOURSELF. THEY'RE ALL VALUABLE.	<b>16</b> TRY YOUR BEST. EVERY TIME.	<b>17</b> FUN FRIDAYS: SEE HOW MANY TIMES YOU CAN BOUNCE OR PASS A BALL.	<b>18</b> LIFE IS A GIFT SO HAVE FUN WITH IT.
<b>19</b> TALK LIKE A PIRATE DAY.	<b>20</b> BE THOUGHTFUL OF OTHERS.	<b>21</b> BE BRAVE. ASK FOR HELP.	<b>22</b> GOOD VIBES CAN CHANGE LIVES!	<b>23</b> REMEMBER YOU ARE NOT ALONE.	<b>24</b> FUN FRIDAYS: TAKE A SILLY DANCE BREAK.	<b>25</b> DON'T WORRY. BE HAPPY!
<b>26</b> "LOVE IS THE ONLY FORCE CAPABLE OF TRANSFORMING AN ENEMY INTO A FRIEND." -MARTIN LUTHER KING, JR.	<b>27</b> BE GRATEFUL FOR SOMETHING SMALL THAT MAKES YOU HAPPY.	<b>28</b> BE OPEN TO LEARNING SOMETHING NEW.	<b>29</b> SHOW EMPATHY BY PLACING YOURSELF IN SOMEONE ELSE'S SHOES.	<b>30</b> WHAT IS YOUR FAVORITE CLASS OR ACTIVITY SO FAR?	