



# Navigating Choose Love CONNECT

## Registration Gives You Access To:

- All Programs for All Grade Levels
- Program Updates & Edits
- Extension Programs and Supplemental Resources (i.e. Monthly Calendars)
- Online Program Training
- Monthly Newsletter for Educators
- Teachers of Choose Love Programs Across the Country to Exchange Tips, Resources, etc

*Once you're logged in, your primary navigation bar is on the LEFT side of screen*

## What's On The Navigation Bar?

### NEWS & CONNECT

In this section you will find our “In and Around Choose Love CONNECT” community homepage where you can not only catch up on the latest news, upcoming events and special announcements from Choose Love but also POST YOUR OWN messages and announcements (as long as they are in keeping with our Choose Love messaging!) You might have photos of projects your class has worked on or other examples of Choose Love in your community, and we would love for you to share them! In this section you will also find links to Community Resources to help you share Choose Love, Groups that you might choose to join or create for discussions around a specific Choose Love topic, a link to our Choose Love Book Club, an easy “Invite A Friend” email generator and a Notifications tab where you will find occasional alerts based on items of interest in the community.

### EDUCATORS

This section is our Educator’s Lounge, created exclusively for those who are teaching Choose Love programs in schools or other organizations. We wanted you to have a “home page” of your own where you can easily access the Courses, monthly Choose Love calendars, special news and announcements related to the program, and also message boards by grade level to enable you to connect with/seek support from other educators teaching the program.

### PROGRAMS

Here, you will find our extensive list of Choose Love courses, including the programs we created For Home, For Communities, and For Athletes. You will also find our Extension Partner programs here, offering valuable additional resources to enhance your Choose Love journey.

### TRAINING

By popular demand and in response to the desperate need for social and emotional recovery post-COVID-19, we are now offering fee-based training, development workshops and onboarding support. You can learn more about them in this section, and also access our FREE online, 3-hour training module.

### How-To SEL

This is another fee-based offering in the form of a monthly “how to” video and activity subscription. If you have purchased access to this subscription, you will be able to link to it directly here.

# Navigating The Course Home Page



## GRADE 6

### WELCOME TO THE CHOOSE LOVE MOVEMENT

My name is Scarlett Lewis, and I'm the founder of the Jesse Lewis Choose Love Movement. This initiative started with three words written on a kitchen chalkboard by my six-year-old son, Jesse McCord Lewis, on the morning of December 14, 2012. He wrote, "nurturing, healing, love." He lost his life later that day alongside six educators and 19 of his classmates at Sandy Hook Elementary School in Connecticut. His message constitutes a powerful formula for choosing love.

The Jesse Lewis Choose Love Foundation is a 501(c)(3) charitable organization committed to reaching students, educators, and individuals, both nationally and internationally, with a simple, yet profound formula for choosing love. Our signature program uses "nurturing, healing, love" as a foundation for learning and for life.

- ▶ [Why This Curriculum Matters](#)
- ▶ [Program At-A-Glance](#)
- ▶ [About Grade 6](#)
- ▶ [Best Practices](#)
- ▶ [Before You Begin](#)

*Grade-level program information*

### WELCOME

[Click to Enroll](#)

*First-time visitors must click and wait for page to reload*

### PREPARATORY MATERIALS

- [Educator Guide](#)
- [Supplemental Materials](#)

*Course contents; click to view*

### LESSONS

- [ALL UNITS DOWNLOAD](#) \*
- [UNIT 1 – COURAGE](#)

*Download complete grade level PDF*

*View/ download by Unit*

# Navigating the Course Contents Page

## COURSE NAVIGATION

<p><b>About This Unit</b></p> <p><b>ALL LESSONS</b></p> <p><b>ALL SLIDES &amp; VIDEOS</b></p> <p><b>ADDITIONAL RESOURCES</b></p> <p><b>CAREGIVER CONNECTION</b></p> <p>Extension Lessons</p> <p>Introductory Lesson</p> <p>Lesson 1</p> <p>Lesson 2</p>	<p><b>SLIDES</b></p> <p>Download a copy of the PowerPoints below.</p> <ul style="list-style-type: none"> <li>Lesson 1</li> <li>Lesson 2</li> <li>Lesson 3</li> <li>Lesson 4</li> <li>Lesson 5</li> <li>Lesson 6</li> <li>Lesson 7</li> </ul> <p><b>VIDEOS</b></p> <ul style="list-style-type: none"> <li>Your Brain is a Cell Phone (Lesson 2)</li> <li>Dr. Daniel Siegel presenting a Hand Model of the Brain (Lesson 2)</li> <li>Brain &amp; Amygdala Hand Model Explains How Thoughts &amp; Emotions Fuel Anxiety (Lesson 2)</li> <li>The Cowardly Lion: The Wizard of Oz Movie Clip (1939) (Lesson 4)</li> <li>Peer Pressure (Lesson 6)</li> <li>The most inspirational video you will ever see: Nick Vujicic</li> </ul>
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## LESSON

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choose love for schools

Sixth Grade| COURAGE | Lesson 1

### LESSON 1: Exploring Courage

Student Outcomes	CSED/ SEL Model Standards
<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>Define courage.</li> <li>Compare and contrast everyday and heroic acts of courage.</li> <li>Rate scenarios on a courage scale.</li> <li>Cite the benefits of practicing courage.</li> <li>Create a courage mural.</li> </ul>	<p><b>CSED</b></p> <ul style="list-style-type: none"> <li>Moral Character</li> <li>Performance Character</li> <li>Intellectual Character</li> </ul> <p><b>SEL</b></p> <ul style="list-style-type: none"> <li>Self Awareness</li> <li>Self Management</li> <li>Responsible Decision Making</li> </ul>

#### Educator Prep

- Have chart paper or butcher paper taped up or laid out in the room for the students to create a Choose Love mural. If this is not available, individual sheets of paper that can be put together to create a mural will work as well!
- Have markers or crayons available for students to use
- TEACHER TIP:** Prepare to use non-judgmental responses in this discussion. Correct off-topic responses, but otherwise respond non-judgmentally. Unlike some academic subjects, where there are clear right or wrong answers, social and emotional learning is more ambiguous and subjective. Say things like "thank you" or "that's one idea, who has another to add" in order to acknowledge participation

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Download PDF or expand to full screen

SLIDES (view in fullscreen mode; additional options below)

Grade 6  
Courage Lesson 1

choose love for schools

Exploring Courage

1 Google Slides

- CLICK HERE to link directly to view-only.
- CLICK HERE to download a copy of the PowerPoint.