BLOG TEMPLATES

**Choose Love Announcement**

We welcome everyone — students, educators, families, and communities — to learn and share the Choose Love Formula. [Choose Love Awareness Month](https://chooselovemovement.org/awareness-month-2024/) is an annual month-long celebration promoting safer schools and more loving communities throughout February.

Each week in February highlights a pillar of the Choose Love Formula – Courage, Gratitude, Forgiveness, Compassion-in-Action, and includes the benefits of each plus tips on how to incorporate these character values into real life situations every day.

When you learn and practice the Choose Love Formula, you will find the courage to be grateful when life is not easy, forgive yourself and others and cut the cord that attaches you to pain, and step outside of the busyness of your life to help others.

“Although we can’t always choose what happens around us, we can always choose how we respond,” Scarlett Lewis, founder, Choose Love Movement.

**Choose Love ‘Starfish Moments’ Essay Contest**

This year’s theme is ‘Jesse and the Starfish’. The story reminds us that everyone can make a positive impact through a small act of kindness. It’s about recognizing the value of each individual connection and understanding that, collectively, these moments contribute to a more compassionate and interconnected world.

All students are invited to enter the Choose Love Starfish Moments Essay Contest with prizes for individual students; classrooms; PLUS a $500 scholarship for high school students. [Learn more and enter](https://chooselovemovement.org/awareness-month-2024/).

Please learn more at [www.ChooseLoveMovement.org](http://www.chooselovemovement.org).

**Choose Love Parent & Educator Night with Scarlett Lewis**

Join Scarlett Lewis virtually at 7 PM ET on Feb. 13th for an inspiring night of Choosing Love and Starfish Moments. This is a celebration of Choose Love Awareness Month. You can be part of the solution and help us change the world to be a safer, more peaceful, and loving place.

Please learn more at [www.ChooseLoveMovement.org](http://www.chooselovemovement.org).