



Choose Love Awareness Month Be an Illuminator Educators & Classroom Culture (All Ages)

Courage = Modeling, Repair, Presence

Students learn courage most powerfully when adults model illuminated behavior.

Educator Practices - Name your own Choice Moments:

“I felt frustrated—and I chose to pause.”

Normalize repair:

“I made a mistake earlier. Courage means making it right.”

Practice compassionate boundaries:

Calm, firm, connected responses

Illuminator Message to Students

“You don’t have to be perfect to be brave.

You just have to choose light in the moment you’re in.”

Whole-School Ideas for Choose Love Awareness Month

Daily Courage Prompt (announcements or morning meeting)

Illuminator Spotlight (recognize quiet courage)

Light Chain (each class adds links for acts of courage)

Courage Pledge Wall (age-appropriate commitments)

Key Choose Love Alignment:

Reinforce internal locus of control

Teach courage as practice, not personality

Build conditions for post-traumatic growth

Reduce fear-based behavior by strengthening regulation and compassion