



# 11th Annual Choose Love Awareness Month *Be an Illuminator* Coming in February!

Every February, Choose Love™ Awareness Month inspires schools, families, and communities to build essential life skills through no-cost programming that helps everyone thrive.

This year's theme, Be an Illuminator, brings the Choose Love Formula™ to life by teaching us how to truly see and be seen. With courage, we notice others. With gratitude, we appreciate who they are. With forgiveness, we create safe spaces for growth. And with compassion in action, we help everyone feel valued, included, and loved.

In a world where so many feel invisible, learning to truly see others is a powerful skill, and one we can all practice. Through engaging activities, classroom lessons, and meaningful gatherings, we can all learn how to become Illuminators, people who help others feel safe, valued, and seen.

When you Choose Love™, you become the best version of yourself, and when you shine your light, you help others shine too.

## Highlights

- Videos by Scarlett Lewis
- Student Kickoff Celebration - (virtual) February 2nd at 2:00 ET
- Educator/Parent Celebration - (virtual) February 26th at 6 pm ET
- Activity Toolkit
  - lesson plans
  - activity sheets
  - resources