



## Choose Love Awareness Month Be an Illuminator High School (Grades 9–12)

Courage = Values, Vulnerability, Purposeful Action

Older students practice courage by living aligned with values—even when it costs them socially.

Practices

Values-to-Action Mapping

Students identify:

A value they care about

One action that brings light this month

Courage Through Vulnerability

Optional journaling or sharing:

“What fear do I want to stop letting drive my choices?”

Illuminator Leadership Roles

Peer mentors

Restorative circle leaders

Compassion ambassadors

Quote by A.A. Milne, author:

“You're braver than you believe, stronger than you seem, and smarter than you think.” Winnie the Pooh

Illuminator Language

“Courage is choosing who I want to be.”

“I don't need to harden to be strong.”