

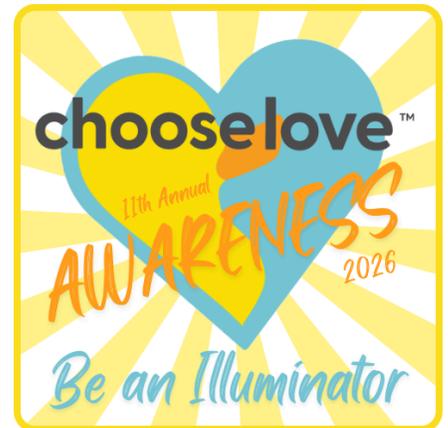
BE AN ILLUMINATOR

Choose Love Affirmations for the Classroom

(Read aloud together. Choose one each day. Use them in the Choice Moment.)

HOW TO USE IN THE CLASSROOM

- Morning Meeting read-aloud
- Post as a wall chart
- Cut into daily affirmation strips
- Pair with a hand-on-heart breath
- Use during a Choice Moment reset



I am an Illuminator.



BE AN ILLUMINATOR

Choose Love Affirmations

COURAGE

- I have the courage to slow down and really see others.
- I can be brave enough to be my true self.
- I choose courage instead of fear.
- I can shine my light even when it feels hard.

GRATITUDE

- I notice the good in others.
- I appreciate differences and what others bring.
- I look for what's right instead of what's wrong.
- Gratitude helps me see people clearly.

FORGIVENESS

- I let go of labels and judgments.
- I forgive others and myself when mistakes happen.
- Everyone is learning, growing, and trying.
- I choose fresh eyes and a kind heart.

COMPASSION-IN-ACTION

- I notice when someone needs help.
- I choose kind words and caring actions.
- I help others feel safe, seen, and included.
- Love looks like action, and I can act.

THE CHOICE MOMENT

- I can pause before I respond.
- I take a breath and choose love.
- I can choose how I respond, even when things are hard.
- In every moment, I can be an Illuminator.

WHO I AM BECOMING

- I am an Illuminator.
- My choices make my classroom safer and kinder.
- When I shine my light, I help others shine too.
- Choosing Love helps me become my best self.



I am an Illuminator.

